Appendix E: Review on the first year implementation of the Recommended HIV/AIDS Strategies for Hong Kong (2017 – 2021)

As at July 2018

A list of initiatives related to the ACA's recommended strategies – Areas to be strengthened

Priority area	Recommendation	Existing programme & New initiatives (marked 🏓)
Primary target	Target young MSM	NGO NGO
populations (1):	intensively:	Use of digital technology to reach target populations, including instant communication apps (e.g. LINE, WeChat, WhatsApp)
Men who have sex		for online promotion and preliminary intervention via internet (e.g. Facebook, Instagram and online young MSM forums)
with men (MSM)	To tackle with the	Other promotion channels included:
	problems: unprotected	- Community outreach (visit to bar, pub and sauna)
	sex, alcohol and	- Institutions (e.g. universities) outreach;
	substance abuse	- Educational talks/Workshops;
	(chemsex and	- Recruitment of young MSM as Ambassador to help deliver health messages;
	chemfun), low HIV	- Thematic HIV educational workshops /exhibitions in tertiary institutions: Sexual Health, Risk Assessment, Medical
	testing rate and	treatment for HIV & STI, sexual orientation, couple relationship and self-protection
	lower treatment rate	Targeted voluntary counselling and testing (VCT) services for different age groups, with introduction of coping skills
		HA and DH Risk reduction counselling for young MSM Liaise with NGOs for drug addiction counselling ♣ Counselling to enhance engagement and retention in care MSM Working Group convened by the Red Ribbon Centre: serve as a platform to discuss ad-hoc MSM issues, publicity plan and prevention programmes targeted to (young) MSM Health promotion project on mental health and chemsex (DH) ♣ Multimedia platform: "Gay Men HIV Testing Hotline 2117 1069", Gay Men HIV Information website www.21171069.com, Mobile app "1069 Test Finder" (DH)
	Increase condom use	NGO
	Combined prevention	Sex education

Priority area	Recommendation	Existing programme & New initiatives (marked ♥)
Primary target populations (1): Men who have sex with men (MSM) (continue)	services, provided as a package, consisting of information dissemination, condom distribution, HIV testing, referral and linkage to HIV care	 Educational exhibitions Thematic HIV educational workshops in tertiary institutions Condom Distribution Collaboration with student affairs office / administration office to provide free condoms and lube in institutions; Collaboration with LGBT advocacy group formed by students across various institutions in Hong Kong to provide free condoms and lube in College during Orientation Camp, Christmas, Valentine's Day etc.; Distribute educational materials (include condoms and lube) during sauna and bar outreach Provide free condoms to VCT service users Distribute in local LGBT events (e.g.: film festival, Gay Pride, etc.); Distribute condoms in MSM support group workshops and activities
		Referral and linkage to HIV care Internet / smart phone apps counselling Thematic HIV educational workshops in tertiary institutions: Peer HIV Training Others Capacity building workshops and peer support groups for MSM HA and DH Distribution of free condoms in HIV clinics, DH Social Hygiene Clinics and the Red Ribbon Centre Distribution of free condoms to institutions and NGOs, also in various LGBT events
	Advocate annual universal HIV testing	NGO Promote annual universal HIV & STI voluntary counselling and testing service among MSM on social media platforms HIV & STI voluntary counselling and testing young MSM in institutions ♣ HIV/AIDS Helpline Services and use the communication apps e.g. WhatsApp, Line and WeChat to provide real-time testing support ♣ DH World AIDS Campaign 2018 : to promote annual universal screening as a norm for the community irrespective of individually assessed risk of infection ♣

Priority area	Recommendation	Existing programme & New initiatives (marked 🌩)
Primary target populations (1): Men who have sex with men (MSM) (continue)	Stop leakage for linkage to and retention in care and treatment	NGO Thematic HIV educational workshops in tertiary institutions & MSM Support Groups: Medical Treatment for HIV & STI Mechanism to refer the PLHIV for medical treatment after tested positive in VCT service Peer support offered by PLHIV young MSM Case management by a case manager/worker with regular follow up
		HA and DH Case manager to assess and address the needs of patients Actively follow up and trace defaulters Mechanism to refer cases to NGOs which provide support to mental health problem and substance abusers Referral for psychiatrist consultation for patients with mental health problem and substance abuse
	Substance abuse /chemfun/ chemsex Enable staff to identify drug-using MSM and provide relevant services and proper referral	NGO Staff training for HIV & STI voluntary counselling & testing services Refer the cases to other related drug rehabilitation NGOs e.g. PS-33 (Counselling Service for Psychotropic Substance Abusers), SACH — IV沙馳四號計劃 Apply "Beat Drugs Fund" for projects LGBT sensitivity and HIV/AIDS education session offered to the Counselling Centre for Psychotropic Substance Abusers (CCPSA) and the drug rehabilitation hostels
	Collaboration between HIV services and drug related services	HA and academic institutions Supported and provided staff training including certificate course, workshop and conferences: The First Asia-Pacific Conference for Addiction Professionals co-organised by the Tung Wah Group of Hospitals Tung Wah Group of Hospitals CROSS Centre (2017), co-organised by Polytechnic University ♣ Annual Scientific Meeting cum Seminar on Chemsex by Hong Kong Society for HIV Medicine (2017) ♣
		DH Closer liaison with drug rehabilitation services - To introduce HIV prevention and testing services for their service users - To explore if any chance of collaboration to support PLHIV practicing chemsex - Reinforce chemsex publicity and harm reduction education

Priority area	Recommendation	Existing programme & New initiatives (marked ♥)
Primary target	Fostering a non-	NGO
populations (1):	discriminatory	Educational talks, workshops and interest groups for Mature MSM.
Men who have sex	environment for the	Thematic HIV educational workshops in tertiary institutions: Sexual orientation & couple relationship & self-protection
with men (MSM)	MSM community	(collaboration with local LGBT advocacy group) ◆
(continue)		Educational exhibitions in tertiary institutions
		NGO and DH
		Participate in different anti-stigmatization and anti-discrimination events (e.g. IDAHOT, HKLGFF, Pink Dot Hong Kong, Hong Kong Gay Pride, etc.)
Primary target	Adopt a multi-	NGO
populations (2):	specialty, multi-	One NGO
People living with	disciplinary care	- liaise with methadone clinic social workers to identify HIV infected methadone patients, make referrals to HIV treatment,
HIV (PLHIV)	approach and	and monitor their treatment progress.
	respects the rights of	- liaise with drug treatment and rehabilitation centres to identify HIV-infected drug rehabilitants, make referrals to HIV
	the clients and their	treatment, and monitor their treatment progress. •
	partners	One NGO organised
	Ensure equitable	- Individual or group counselling, Workshops on quality of life enhancement, Peer support service groups (e.g. "Newbie Group") and Empowerment training for PLHIV of different ages
	access to high quality,	- Chinese medicine workshop, Life and Death Educational Talk
	holistic and diverse	
	modes of services	Other support services for PLHIV
	which address not	- Community Home Care Service
	only the physical	- Community and Home Based Rehabilitation Service
	needs but also	- Day Centre
	psychological	- Empowerment Mutual Help Service and Counselling Services
	challenges including	- Case meeting with clinics, significant others of patients and regular volunteer home visit.
	HIV disclosure faced	
	by PLHIV	HA and DH
		Designated doctors and specialty nurse on-site
		On-site support from pharmacist, clinical psychologist, psychiatrist and Phlebotomist.
		Other off-site support from Medical Social Workers, dietitian, physiotherapist and occupational therapist, microbiologists
		Other specialty support based on the clinical condition of the patient: e.g. oncologist, hematologist, nephrologist, neurologists,

Priority area	Recommendation	Existing programme & New initiatives (marked *)
Primary target		pulmonologists, endocrinologists, etc. (HA)
populations (2):		Counselling services for every patient in the first visit and annual check-up for disclosure advice
People living with		
HIV (PLHIV)	Adopt the strategy of	NGO
(continue)	"Treatment as	Individual and group counselling
	Prevention" and	
	ensure PLHIV's	HA and DH
	adherence to	Initiate HAART for all eligible new patients
	treatment and	Counselling on safer sex on every clinic visits and partner screening
	proactively encourage	Drug adherence counselling for all patients on every visit
	partners of PLHIV to	Regular monitoring on drug adherence via monitoring of therapeutic drug level, viral load and CD4 count
	receive HIV testing	Drug adherence programme to enhance drug adherence
	Recognize the	NGO
	susceptibility of	Regularly review cases and communicates closely with HIV clinics to retain HIV infected drug users in treatment
	young and newly	Individual counselling for newly diagnosed PLHIV
	diagnosed PLHIV to	Escort case to attend clinic
	defaulting treatment	Support group for newly diagnosed PLHIV.
	and step up efforts to	
	retain them in long-	HA and DH
	term treatment	Supportive counselling for young patients on drug adherence, treatment plan and follow-ups.
		Timely defaulter tracing and update its protocol
		Active engagement of patient's significant others including relatives and partners
		Provide case management and active identification of default risk factors such as active substance use, mental health problems,
		etc.
	Provide structured	NGO
	training and	Train up PLHIV volunteers about HIV and elderly home staff members.
	education, especially	
	promotion of holistic	<u>HA</u>
	care among frontline	Joint HA training programme on holistic care of HIV, such as Post-registration Certificate Course for nurse and online
	healthcare/ staff	programmes for health care workers
		e-learning training programme as a platform for health care workers

Priority area	Recommendation	Existing programme & New initiatives (marked *)
Primary target		Joint Clinical Meetings and journal clubs for education and training
populations (2):		
People living with		<u>DH</u>
HIV (PLHIV)		Organised training workshops for front-line health care professionals to enhance understanding and special consideration for
(continue)		PLHIV in order to facilitate their daily services
	Support	NGO
	antiretroviral drug	Regularly review cases and communicates closely with HIV clinics to retain HIV infected drug users in treatment.
	adherence by	Individual counselling for newly diagnosed PLHIV
	counselling,	Support group for newly diagnosed PLHIV
	identifying and	Incorporate the concept of "U=U" in health promotion and individual counselling •
	addressing barriers,	
	and continuous	HA
	monitoring, through	Drug adherence programme in accredited nurse clinics
	patient engagement	
	and integrated	
	programmes	
	Strengthen early	NGO
	detection and	Regularly review cases and communicates closely with HIV clinics in treatment progress
	management of co-	Collaboration with Department of Pharmacology and Pharmacy of HKU to conduct workshop with the topic of osteoporosis
	infections and co-	and other topics related to well-being of PLHIV
	morbidities	
		HA and DH
		Regular blood check and clinical assessment for co-infections such as hepatitis, STDs.
		Ad hoc blood test on STDs upon sexual health counselling
	Enhance and sustain	HA and DH
	laboratory support	Regular joint clinical round with pathologist and microbiologist on HIV patients & support on the pathological issues.
	for early diagnosis of	Regular blood tests, investigations and medical sessions to monitor opportunistic infections.
	opportunistic	Tuberculin skin test for eligible patient on first visit and annual check-up.
	infections including	Medical consultation, chest x-ray and sputum for suspected TB.
	multi-drug resistant	Molecular tests for early diagnosis of different opportunistic infections such as <i>GeneXpert</i> for early diagnosis of TB and rapid
	TB, etc.	identification of multi-drug resistant TB

Priority area	Recommendation	Existing programme & New initiatives (marked •)
Primary target	Strengthen and	NGO
populations (2):	coordinate care for	One NGO will make referral to the Substance Abuser Clinics of HA if signs of mental disturbance among HIV infected drug
People living with	patients with mental	users are detected
HIV (PLHIV)	health problem and	One NGO offer Meditation Workshops
(continue)	substance abuse/ chemsex	One NGO is in collaboration with the students of the University of Hong Kong to conduct a series of Expressive Arts Workshops for PLHIV
		<u>HA</u>
		On-site psychiatric and clinical psychologist support
		Regular assessment such as PHQ9 (mood, depression and adjustment problems), HAND (HIV-Associated Neurological Disorder) and counselling for mental health assessment.
		Regular counselling on chemsex, and substance abuse.
		Referral to detoxification institutes or NGOs for follow-up with regular reviews.
		Case conference with NGOs for better care coordination
		Psychiatric Liaison Clinic in HIV Service to enhance patient engagement
Other key	Enhance	NGO
populations (1):	recruitment of drug	Maintain regular contacts with the EM drug users (e.g. Nepalese and Vietnamese) in the community
People who inject	users to methadone	Community education programmes, health talks and groups to educate the IDU not to share needle
drugs	clinics for	Encourage methadone clinic clients to test HIV annually and early referral of infected drug users for care
	maintenance and	Provide more in-depth information on HIV prevention, testing and treatment.
	detoxification	Sharp boxes distribution and collect old needles in the community
	programme	Mobile VCT provided on-site in hot spots
	Promote avoidance	<u>DH</u>
	of needle sharing	Provides health education materials and technical support to NGO Project and assist in training of volunteers by organising
		AIDS related training workshops
		Harm Reduction Hotline
		Incentivized programme to enhance HIV testing rate among methadone clinic users •
Other key	HIV education &	NGO NGO
populations (2):	promotion of HIV	Cooperate with EM servicing organisations (e.g. PathFinders, St John's Cathedral, Enrich HK, Chinese Rhenish Church Hong
1 1		
Ethnic minorities	prevention through	Kong Synod Mission, TCK Learning Centre for Migrant Workers and other domestic helper groups etc.) to provide the

Priority area	Recommendation	Existing programme & New initiatives (marked *)
Other key	regular HIV testing	- Talks and workshops
populations (2):		- Outreach education service
Ethnic minorities	Linkage to care after	- Internet outreach •
(continue)	diagnosis	- AIDS Helpline
	8	- VCT Service
		<u>HA</u>
		Spouse/partner referral for testing and counselling
		Multiple referral mechanism for patients from any ethnic groups
		Telephone counselling
		Liaise with appropriate NGOs for community support
		<u>DH</u>
		Health education materials in multiple EM languages
		Join various EM functions to promote HIV knowledge and distribute health education materials/souvenirs
		Liaise with EM servicing organisation and start baseline assessment of behavioural risk among EM (survey or study)
	Culture- and	NGO
	language-sensitive	Hire translators and design brochures in EM languages
	services and to	
	protect clients'	HA and DH
	confidentiality	To arrange recognized interpreters from HA
		Policy in place upon the interpretation services needed
	Training for	NGO
	interpreters on	Training workshops on HIV/AIDS for translators◆
	topics of HIV and	
	health	HA and DH
		Services provided by recognized interpreters from HA/DH

Priority area	Recommendation	Existing programme & New initiatives (marked *)
Other key	Collect further data	<u>DH</u>
populations (3):	on risk factors of	First time to include TG in PRiSM survey (2017) ◆
Transgender (TG)	infection among	Disseminate key messages from survey (PRiSM 2017) to TG population via publicity ◆
	transgenders	
	Provide sensitivity	HA and DH
	training for front-	Provide training, briefings to trainees, new joint medical officers and nurses, and supporting staff
	line staff	
Other key	Reach FSW of	NGO
populations (4):	ethnic minorities as	Use the Apps to reach the part time FSW of ethnic minorities ◆
Female sex workers	their low access of	AIDS Helpline and email counselling support for the FSW of ethnic minorities.
(FSW) and male	HIV service	Special VCT sessions for FSW
clients of females		
sex workers	Maintain the current	NGO NGO
	level of condom use	Outreach to FSW and FSW clients to distribute free condoms and provide health education cum assessment (e.g. at night clubs,
	and other preventive	one-woman brothel)
	measures	Electronic publicity pamphlets to promote safe sex through apps and internet forums •
	Maintain dialogue	NGO
	with relevant	Regular meeting with the Police
	departments on	
	seizure of condom	
	during law	
	enforcement	

A list of initiatives related to the ACA's recommended strategies – Areas for further examination

Area to be examined	Recommendation	Existing programme & New initiatives (marked •)
Pre-exposure	Conduct studies on	NGO
prophylaxis (PrEP)	its clinical	Possible collaboration with a pharmaceutical company to provide drugs free/low cost •
	effectiveness and	
	cost effectiveness	
	for at-risk	

Area to be examined	Recommendation	Existing programme & New initiatives (marked ♥)
Pre-exposure	populations	
prophylaxis (PrEP)		
(continue)	D 1/ / 1 /	
	Research/ study/	NGO and institutions
	pilot programme to	Apply ATF funding to run a research cum support service for current PrEP users/tourists
	assess local	
	acceptability and service demand	
	service demand	
	Develop an	NGO
	appropriate service	Pilot programme to provide PrEP for sexual partners of HIV+, with the support from private doctors ◆
	delivery model	One-stop-service for potential PrEP users •
	Offer education	NGO
	and technical	Thematic HIV educational workshops in tertiary institutions & MSM Support Groups to educate on PrEP as an additional HIV
	support to	preventive measures •
	stakeholders and the	Position paper and health educational materials on PrEP •
	community of PrEP	
		<u>DH</u>
		Provide health information and health advice on safe use of PrEP
HIV self-testing	Improve the mode	NGO
(home test)	of delivery for	Distribute self-test kits to target populations •
	people who self-test	Pilot programme to offer home test kits to VCT regular users and high risk target groups ◆
		Cover self-testing into thematic HIV educational workshops in tertiary institutions •
	Support for tested	Set up online counselling (e.g. WhatsApp, WeChat) and hotline for the tested positive •
	positive	Publicity: Announcement in the Public Interests (API) and online videos •
	Education and	<u>DH</u>
	publicity for	Conduct a feasibility study of using a web-based ordering and result upload of HIV self-test among MSM •
	choosing	Vendor machines selling self-test kit in DH Social Hygiene Clinics◆
	appropriate test kits	Education of self-testing and publicity for choosing appropriate test kits via "www.21171069.com"

A list of initiatives related to the ACA's recommended strategies – Current responses to be maintained

Area to be maintained	Recommendation	Existing programme & New initiatives (marked *)
Capacity building	Support to Life	NGO
(Training and	skills-based	One NGO organised a "Red Ribbon Campaign"
education)	education (LSBE)	- Distribute Red ribbons to students and teachers of more than 100 schools
	for local primary/	- Make use of social media to promote AIDS related information among peers
	secondary schools	- Set up promotional counters in schools with video and promotional kit support
		Educational talks/workshops at primary / secondary schools
		<u>DH</u>
		Health talks delivered to teachers (co-organised with Education Bureau)
		"RR100" visit to the Red Ribbon Centre offered to primary and secondary school students
	Support to	NGO
	frontline workers	Educational talks about sex, HIV/AIDS and safer sex negotiation skills for social workers
	to offer counselling	Internal training for frontline workers/staff
	to adolescents	
	regarding sexuality	HA and DH
	and HIV-related	In-house pilot training Scheme/programme to all newly recruited nurses
	issues	Briefing sessions to new supporting staff
		Update course/seminar open to HA/DH staff (DH)
	Training	NGO
	programme for	HIV instructor training courses provided to volunteer staffs
	educators, parents	Roving Exhibition to disseminate the message of anti-discrimination against PLHIV
	and supporting	Educational talks for parent teacher associations, schools (local and international) and colleges
	staff, especially in	
	accepting PLHIV	<u>DH</u>
	and to reduce	Arrangement of summer intern and university student attachment & training in the Red Ribbon Centre
	discrimination	
	against HIV/AIDS	

Area to be maintained	Recommendation	Existing programme & New initiatives (marked *)
Capacity building	Training to	NGO
(Training and	medical, nursing	HIV training courses provided to doctors (including Chinese Medical Practitioners) and youth
education)	and paramedical	Train-the-trainer workshop to nursing students
(continue)	personnel and	"World AIDS Day" with programme of experimental activities related to HIV
	students to improve	Training for elderly homes staff and hospital supporting staff
	their knowledge of	
	HIV, their	<u>HA</u>
	sensitivity to sexual	Joint HA training programmes and related courses to various staff group, such as post-registration certificate courses for nurses
	minorities, PLHIV	e-learning for frontline healthcare workers on HIV/AIDS (HA)
	and ethnic	QEH/ CHP Joint Clinical Meeting on HIV Management
	minorities	Deliver regular lectures to Midwifery School on HIV and Pregnancy
		Online programmes for health care workers
		Patient Resource Center: Summer programme of R.I.G.H.T. Scheme for teenagers at age of 15-18
		HA and DH
		"Workshop for Health care Professionals 2018" to provide updates in HIV and Sexual Minorities (DH)
		Provide and deliver talks to local colleges and institutes on HIV education
		The vide unit deriver takes to reduce configuration and materials on the videounion
Post-exposure	Monitor the use of	НА
prophylaxis (PEP)	PEP in various	Follow HA protocol to provide PEP for all eligible health care workers
	services to ensure	Provide PEP counselling, occupational advices, blood tests and follow-up review and monitoring
	its efficient use	Protocol on Provision of PEP in AED was developed and regularly updated
		Starter pack of PEP provided in all HA AEDs
		PEP clinics under HIV Service
		<u>DH</u>
		The Scientific Committee on AIDS and STI under the Centre for Health Protection (CHP) has been monitoring the latest
		scientific evidence and is updating its recommendation for non-occupational PEP (nPEP) to sexual or injection exposure
Information	Conduct surveys	NGO
gathering	and research,	Annual surveys conducted to monitor the HIV risk behaviours of Chinese, Nepalese and Vietnamese drug users in the
	especially	community / methadone clinic
	operational research	

Area to be maintained	Recommendation	Existing programme & New initiatives (marked *)
Information	and socio-	HA and DH
gathering	behavioural studies	Ongoing collaboration with institutions, universities or other agencies on studies and research.
(continue)	on key populations	A survey was conducted jointly with Integrated Centre on Addiction Prevention and Treatment (ICAPT) to study the pattern of
	with suboptimal	substance use among HIV-infected patients (QEH) ◆
	access to HIV	
	services, those	<u>DH</u>
	involved in drug	Continue risk behavioural survey on target populations (PRiSM 2017 and HARiS 2018) ◆
	abuse, etc.	
	Collaboration and	NGO
	partnership	Connection with sex workers groups, local sex education organisations, international youth sexual health organisations
	between local	Collaboration with local HIV clinics
	organisations and	Exchange visits to nearby regions/countries
	regional	One NGO
	counterparts	- provided technical support, capacity building and training programmes/workshops for Mainland community based
	(overseas and	organisations and counterparts
	Mainland China)	- entered an agreement with the Chinese Association for STD & AIDS Prevention and Control from 2016 to 2020
		- co-organised the National Conference on HIV/AIDS and AIDS Forum of Beijing, Hong Kong, Macao and Taiwan
		One NGO collaborated with Asia Pacific Coalition on Male Sexual Health (APCOM) by establishment of HIV Testing
		Promotional Campaign named "Test HKG" for young MSM
		на
		Therapeutics Research, Education, and AIDS Training in Asia (TREAT) Asia: a collaborative research & training programme
		with countries in Asia Pacific region
		Collaboration with CUHK and HKU in clinical research
		DH
		The Red Ribbon Centre was designated as the "UNAIDS Collaborating Centre for Technical Support" to provide an avenue for
		local and international collaboration in the fight against HIV/AIDS