

# ACA NEWSFILE

(Publication of the Advisory Council on AIDS, Hong Kong)



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## Editorial Board

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### ~ Calendar ~

- 53rd CFA Meeting  
16 December 2019
- 109th ACA Meeting  
10 January 2020

## HIV/AIDS Statistics in Hong Kong - Updated 30 September 2019

		Q3 2019		Cumulative (since 1984)	
		<u>HIV</u>	<u>AIDS</u>	<u>HIV</u>	<u>AIDS</u>
<b>Sex</b>	Male	126	22	8,306	1,723
	Female	26	2	1,844	352
<b>Ethnicity</b>	Chinese	105	21	7,058	1,602
	Non-Chinese	36	3	2,822	473
	Unknown	11	0	270	0
<b>Route of Transmission</b>	Sexual Contacts	109	22	8,013	1,829
	- <i>Heterosexual</i>	38	6	3,329	1,070
	- <i>Homosexual</i>	61	11	4,133	632
	- <i>Bisexual</i>	10	5	551	127
	Injecting drug use	0	0	364	67
	Blood/blood products recipients	0	0	85	25
Perinatal	0	0	35	11	
Undetermined	43	2	1,653	143	
<b>Total</b>		<b>152</b>	<b>24</b>	<b>10,150</b>	<b>2,075</b>



## A Summary of the 108th ACA Meeting held on 11 October 2019

### **Co-infection of viral hepatitis in people living with HIV (PLHIV)**

DH introduced the situation of co-infection of hepatitis A, hepatitis B and hepatitis C among people living with HIV in Hong Kong (PLHIV). Current prevention and control strategies against viral hepatitis among PLHIV and the proposed way forward were also presented.

Members noted that screening and education were important domains in the overall prevention and control strategies and suggested NGOs to organise programmes to promote testing and to raise the awareness on viral hepatitis co-infection among target populations.

The Council will keep in view the epidemiology of co-infections of viral hepatitis among PLHIV and encourage raising awareness of the shared route of transmission among target populations via different platforms. Since the risk of re-infection with sexually acquired viral hepatitis was significant, strategies of secondary prevention such as counselling and support services for PLHIV should also be reviewed and strengthened in the HIV clinics.

### **Report of the Community Forum on AIDS**

Members noted the summary report and discussions of the 52<sup>nd</sup> CFA Meeting held on 9 September 2019. A summary of this CFA Meeting was contained in the ACA Newsfile (Vol. 26, No. 11 – November 2019).

## **Feasibility of using web-based ordering and result upload to support HIV self-testing among men who have sex with men (MSM) in Hong Kong**

DH presented the progress of an HIV self-testing study targeting MSM by the Special Preventive Programme of DH. The self-testing study was commenced in late September 2019. DH also briefed members on how the study would be conducted, from online ordering of self-test kits to result upload and feedback, linkage to support and care for those tested positive as well as the promotional materials.

Members noted that the confirmation tests for those tested positive could be arranged by the AIDS Counselling and Testing Service (ACTS) of DH and the 3 NGOs. To ensure personal data security, the relevant clauses on protecting participants' confidentiality were included in the online consent form. From the experience of similar studies in Taiwan, Guangdong and the project by AIDS Concern, DH estimated that an adequate number of post-testing questionnaires would be received from the target 1,500 participants.

## **Highlights of the 10<sup>th</sup> IAS Conference on HIV Science, Mexico City, Mexico**

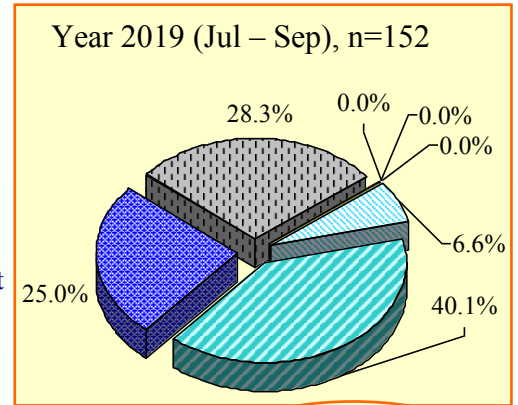
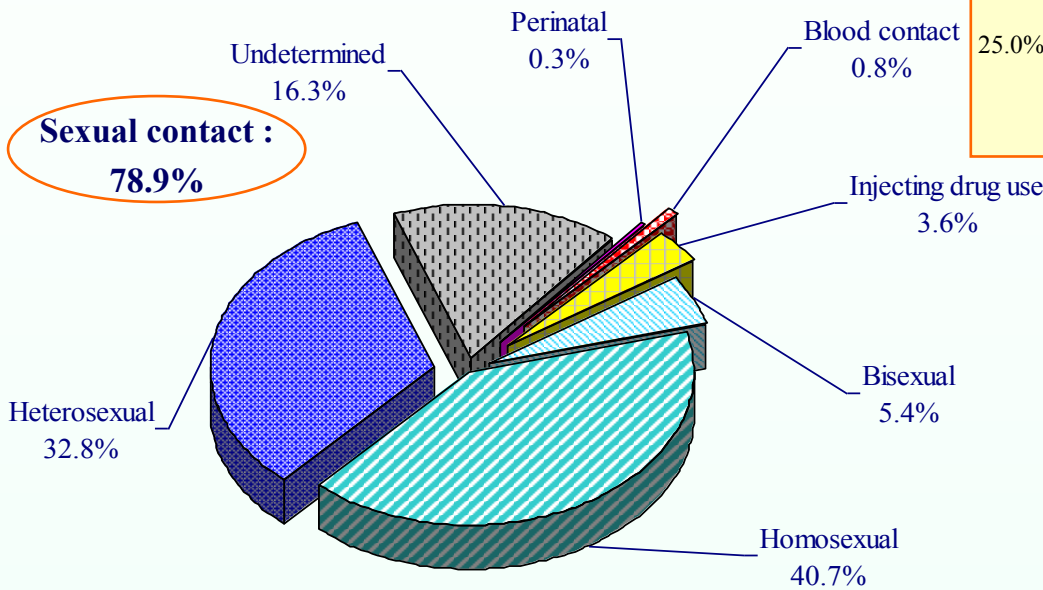
DH presented the latest development of various aspects in the field of HIV, as presented in the 10<sup>th</sup> IAS Conference on HIV Science held in Mexico City in July 2019. Topics covered included pre-exposure prophylaxis (PrEP), self-testing and HIV prevention for transgenders.

Members noted the World Health Organization's updated recommendations on the use of event driven PrEP and they opined that more education about the practical use of daily or event driven PrEP could be provided by NGOs. Hong Kong could also make reference from overseas experiences of using social media such as mobile phone apps to approach target groups. It was anticipated that the local PrEP implementation studies could provide more information and suggest possible ways forward.



## HIV/AIDS Statistics

Routes of transmission of HIV infection  
1984 – September 2019 (N=10150)



Note : The percentage may not add up to 100% due to rounding.

## Annual HIV/AIDS Statistics

1984 – September 2019, Hong Kong (N=10150/2075)

