(Publication of the Advisory Council on AIDS, Hong Kong)

#### **Editorial Board**

Executive Editor: Mrs Ellen LAU, ACA Secretariat

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#### ~ Calendar ~

91st ACA Meeting 10 July 2015

# 91st ACA Meeting

Date: 10 July 2015 (Friday)

Time: 2:30pm

Venue: Conference Room, Department of Health, 21/F Wu Chung House,

Wanchai, Hong Kong

### Three main items on the Agenda -

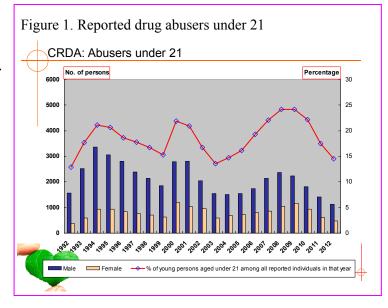
- Current HIV situation and AIDS programme in Macau (Dr. LEONG Iek-hou, Commissioner of the AIDS Prevention and Control Commission, Government of Macao S.A.R.)
- A brief overview of the implementation and quality assurance of HIV counseling and testing services by non-governmental organizations
- Framework for the formulation of the ACA Recommended HIV/AIDS Strategies 2017 - 2021

## A Summary of the 36th CFA Meeting held on 10 June 2015

# Drug treatment and rehabilitation services provided by Hospital Authority and the referral system

In view of the rising trend of drug use among MSM, Dr LAM Ming, Consultant Psychiatrist of Tuen Mun Alcohol & Drug Dependence Unit and Chief of Service of General Adult Psychiatry Department in the Castle Peak Hospital, was invited to introduce the services of Substance Abuse Clinic (SAC) of the Hospital Authority (HA).

Members noted that various drug treatment and rehabilitation services were now available: SAC of HA were more suitable for those who were suffering from psychiatric problems caused by drug use, whereas those of NGOs focused more on counseling. Currently, each of the seven clusters of HA



catchment areas had its own SAC. Unlike other specialist clinics, SAC accepted referrals from doctors as well as social workers and clinical psychologists. The performance pledge of waiting time was within four weeks.

Figure 2. Seven Substance Abuse Clinic (SAC) of the Hospital Authority (HA).

#### 醫管局物質濫用診所

- 瑪麗醫院精神科藥物濫用診所: 2517 8140
- 東區醫院藥物誤用診所: 2595 7608
- 九龍醫院物質誤用診療所: 3129 6710
- 葵涌醫院藥物誤用評估中心: 2959 8082
- 九龍東物質誤用診所: 3513 5070
- 青山醫院屯門物質濫用診療所: 2456 8260
- 威爾斯親王醫院藥物濫用診所: 2632 2584 (新界東聯網在北區醫院亦開設診所)

Dr LAM also recommended NGOs to refer cases to Counselling Centres for Psychotropic Substance Abuse (CCPSA) as the first point of consultation. CCPSA had its own social workers and nurse who were experienced in patient assessment and in referring clients to the most appropriate services. NGOs in lack of in-house social workers or volunteer doctors were suggested to refer cases to CCPSA first.

Members explained the various barriers faced by MSM in seeking help such as services were not gay-friendly due to the religious background of the drug rehabilitation services, referral by social

workers or doctors further increased the psychological and financial barriers, no in-house social workers and lack of trust in social workers. They requested for direct referral to SAC within a few days, or direct hospitalization of HIV positive drug users to manage both problems in one go.

Dr LAM Ming understood the difficulties and highlighted that some organizations were of no religious background or neutral stand; and professional judgment by social workers and doctors to make triage assessment was necessary for the benefit of the clients.

Members agreed that social workers would need to reflect and rebuild the trust with the gay community through training and re-orienting the services to be more gay-friendly. Other suggestions included expanding training to medical professionals, liaison with private doctors who would volunteer to see and make referral for drug users for free, preparing list of volunteer doctors to be shared among NGOs and involving the Hong Kong Medical Association if appropriate. Some members mentioned about the relevant services provided by their organizations.

While the referral system of HA could not be changed in a short time, members agreed that the above suggestions could be considered in the near future. Dr LAM Ming concluded and

Figure 3. Eleven Counselling Centres for Psychotropic Substance Abusers (CCPSA)

東華三院越峰成長中心:中西南及離島服務處	2884 0282
東華三院越峰成長中心: 東區及灣仔服務處	2884 0282
香港路德會社會服務處路德會青怡中心	2712 0097
香港路德會社會服務處路德會青彩中心	2330 8004
香港基督教服務處 PS33 — 尖沙咀中心	2368 8269
香港基督教服務處 PS33 -深水埗中心	3572 0673
香港青少年服務處心弦成長中心	2402 1010
明愛容圃中心	2453 7030
基督教香港信義會天朗中心	2446 9226
香港聖公會福利協會新念坊	8202 1313
香路德會社會服務處路德會青欣中心	2660 0400

encouraged NGOs to identify and refer drug abuse cases among HIV negative MSM as they could only be reached by NGOs but not the formal medical services. Further details of drug treatment and rehabilitation services could be accessed from the website of Narcotic Division, Security Bureau (<a href="http://www.nd.gov.hk/tc/treatment.htm">http://www.nd.gov.hk/tc/treatment.htm</a>).

#### Other issues

During CFA. the results of the internal audit on quality assurance HIV on voluntary counselling and testing services in the community settings were discussed. They will be further examined in the ACA Meeting to be held on 10 July 2015.

# Photo taking during the 36th CFA Meeting on 10 June 2015



Miss YAU Ho-chun, Nora, MH, JP (third right, first row) had served CFA for the past 10 years since 2005 and attended her last CFA Meeting on 10 June 2015.

## ACA familiarization visits to NGOs and government units working on HIV/AIDS (in second quarter of 2015)



Society for AIDS Care



Boys' and Girls' Clubs Association of Hong Kong



Rainbow of Hong Kong



Chi Heng Foundation



Queen Elizabeth Hospital



A-Backup



St. John's Cathedral HIV Education Centre



AIDS Institute of The University of Hong Kong