Editorial Board

Executive Editor: Mr WONG Man-kong ACA Secretariat



➤ HIV/AIDS situation in second quarter 2004 <</p>

73 people were tested positive for the HIV (Human Immunodeficiency Virus) antibody in the second quarter of 2004, bringing the cumulative total of reported HIV infections to 2,384. The 73 cases comprised 53 males and 20 females.

13 new AIDS (Acquired Immune Deficiency Syndrome) cases were reported in the same quarter. This brings to 689 the total number of confirmed AIDS cases reported since 1985.

Of the 73 new HIV cases reported, 39 acquired the infection via heterosexual contact, 16 via homosexual or bisexual contact and four through intravenous drug use. The routes of transmission of the remaining 14 cases were undetermined due to inadequate data.

Of the 2,384 cumulative total of HIV infections since 1984, around 79 per cent have acquired the infection through sexual contact, of those 70 per cent resulted from heterosexual transmission. 74 infections have occurred among injection drug users.

The newly diagnosed cases for this quarter were reported by four major sources: public hospitals and clinics (33), private hospitals and clinics (9), Social Hygiene Clinics (12) and the Department of Health AIDS Counselling Service (13). Cumulatively, the four sources have accounted for 43.4%, 22.4%, 15.6% and 13.3% of all reported infections.

Of the newly reported cases in this quarter, 49(67.1%) have received care at the HIV specialist services of the Department of Health or the Hospital Authority. 74% of the reported cases in 2003 have attended these services where effective antiretroviral treatment is offered according to clinical indication.



香港愛滋病病毒感染及愛滋病統計數字 HIV/AIDS STATISTICS IN HONG KONG 截至二零零四年六月三十日 updated 30 June 2004

		本季 This Quarter		累積個案 Cumulative	
		愛滋病病毒感染	愛滋病	愛滋病病毒感染	愛滋病
		HIV	AIDS	HIV	AIDS
性別 Sex	男 Male	53	12	1920	595
	女 Female	20	1	464	94
種族 Ethnicity	華裔 Chinese	50	9	1658	538
	非華裔 Non-Chinese	23	4	726	151
傳染途徑	性行為 Sexual Contacts	55	12	1893	612
Route of Transmission					
	異性性接觸 Heterosexual	39	8	1329	465
	同性性接觸 Homosexual	15	4	462	117
	雙性性接觸 Bisexual	1	0	102	30
	注射毒品人士	4	0	74	11
	Injecting drug use				
	輸入血液/血製品	0	0	68	20
	Blood/blood / products				
	recipients				
	母嬰傳播 Perinatal	0	0	15	6
	不詳 Undetermined	14	1	334	40
	總數 Total	73	13	2384	689

Committees Meetings ক্ত CPA ক্ত

The Committee on Promoting Acceptance of People Living with HIV/AIDS (**CPA**) met at its 15th meeting held on 2 September 2004. There were three major agenda items.

On "Final version of ethical principles on partner counseling and referral for HIV infected individuals in Hong Kong", members made tremendous contribution to the formulation of a set of recommended ethical principles. After several rounds of discussions, the Committee finally came up with the following principles:

Principle ONE: PCRS should be conducted by health professionals who are taking care of HIV infected patients. Appropriately conducted PCRS is beneficial to HIV infected individuals, their partners and the community.

Principle TWO: Approaches to provide PCRS is diversified with different pros and cons. Health professionals should work with the patient to decide on the most appropriate approach.

Principle THREE: The conduct of PCRS should always comply with the local law and professional codes.

Principle FOUR: PCRS protocol should be developed by individual health service taking care of HIV infected patients. In case of doubt when handling difficult cases, advice from relevant authority should be sought.

It was agreed to send the recommended ethical principles to relevant professional bodies for reference and to upload them online on the virtual AIDS office for public viewing.

On "Final report on social and support services to people with HIV/AIDS in Hong Kong", the Chairman of the AIDS Social and Support Services Working Group presented the final report to the Committee. The working group had examined the current level of provision of 8 non-clinical services and identified 5 specific areas of services needed improvement. They were i. funeral services; ii. special concern for HIV infected haemophilia patients; iii. peer counseling and self help activities; iv. residential care services; and v. employment and vocational training. After discussion, the working group would further explore the possibility of regarding HIV infected people as people with chronic illness and subsuming them under the umbrella of the Commissioner for Rehabilitation.

On "Preliminary results report on assessment of stresses and coping strategies in people living with haemophilia and HIV infection in Hong Kong", members leant of the condition of the 32 patients identified for the study. The patients usually encountered the following problems: i. isolation from society; ii. mobility; iii access to care; and iv. financial needs.

৯ APCC ক

The 17th AIDS Prevention and Care Committee (**APCC**) meeting was held on 10 September 2004. The focus of the meeting was on HIV infection and its prevention in Men having Sex with Men (MSM) in Hong Kong.

Dr MAK Wai-lai of the Red Ribbon Centre presented the paper on "HIV situation in MSM in Hong Kong" with the PowerPoint. He highlighted that the cumulative number of HIV infections reported as of the end of the 2nd quarter of year 2004 was 2384. Five hundred and sixty four (564) cases (23.7%) acquired the infection through homosexual or bisexual contact. The proportion of MSM among newly reported HIV patient had remained at 20% recently. Four salient features were revealed:

- 1. MSM still accounted for a significant proportion in HIV cases.
- 2. The number of HIV cases reported in MSM was rising in recent years.
- 3. Chinese ethnics and age of 25-44 were the two main factors for the increase.
- 4. In one of the studies, young MSM and aged 15-24 engaged in risky behaviour more frequently.

Mr Paul Louey shared with members the HIV preventive programme in MSM carried out by the AIDS Concern in particular the preventive activities in the gay sauna. It was reassuring that the programme was effective and would be continued.

Members were also informed of the Red Ribbon Centre's preparatory work for the "World AIDS Day (WAD) 2004", the theme of this year's World AIDS Campaign is "Women, Girls, HIV and AIDS". To mark the 20th year ... \succ to be continued on page 40

▶ > of Hong Kong's response to HIV/AIDS, it would publish a commemorative booklet and collaborate with Ming Pao in organizing the "0.2 – Most Inspiring Persons in Hong Kong AIDS Epidemic" Poll. In connection with the WAD 2004, the meeting also agreed that the secretariat should collect information from various organizations on all AIDS related activities in Hong Kong and put together an activities calendar for public and media use.

At last, members noted the two information papers with the titles "APCC occasional review: HIV infection and its prevention in elderly people in Hong Kong" and "Seventh International Congress on AIDS in Asia and the Pacific".

సా SCA ళు

The 33rd meeting of the Scientific Committee on AIDS (SCA) was held on 21 September 2004. Members discussed the following three main items on the agenda: (a) Draft recommendations on infection control practice for the prevention of HIV in health care setting; (b) Clinical governance and audit of HIV medicine – experience at the ITC; and (c) An agenda for supporting HIV/AIDS research in Hong Kong.

As usual, members reviewed the up-to-date progress of the action plan at the end of the meeting. They were pleased to note that almost all actions were right on target.





Have you made your nomination for "Most Inspiring Persons in Hong Kong AIDS Epidemic"? The Red Ribbon Centre has collaborated with Ming Pao in "0.2 – Most Inspiring Persons in Hong Kong AIDS Epidemic" Poll.

The first HIV case was reported in Hong Kong twenty years ago. A novel disease at that time, HIV infection was met with panic and fear. It was a death sentence to the HIV infected. Throughout the years, a better understanding of the disease has been gained and there have been changes in areas of HIV research, treatment and care, acceptance level and the quality of life of people with HIV infection.

Members of the public are now invited to select their most inspiring persons in the Hong Kong AIDS epidemic. It is hoping that from these inspiring persons and their stories, we can raise awareness in the community by reflecting on lessons learnt in the last **0.2** century, and preparing for the challenges with HIV infection in Hong Kong ahead.

The Poll is divided into two phases - the nomination phase (20 September to 2 October) and the polling phase (19 October to 5 November).

Individuals and organizations can make their nomination between September 20 and October 2 on the website <u>www.mingpao.com/redribbon/nomi</u> <u>nation.htm</u>, by fax (2505 3479) or by mail to Ming Pao Marketing Department.

A vetting panel has been formed to select the 10 most inspiring persons

based on how inspiring the persons are and how well their stories raise awareness and promote acceptance in the society. Souvenirs would be awarded to those who have nominated the selected persons.

The Poll will run between 19 October and 5 November. Individuals can add a poll to the most inspiring persons among these 10 selected persons online. The polling website is www.mingpao.com/redribbon/voti ng.htm . Participants will be given the 'Love under the Sun' VCD as a token of thanks.

Poll results will be announced around mid-November. Awards will be given to the 10 most inspiring persons on the World AIDS Day on the first of December this year.