Editorial Board

Executive Editor: Mr WONG Man-kong ACA Secretariat

8 Calendar 8

XLVII Meeting of the Advisory Council on AIDS (ACA) 2:30 pm 9 July 2004

XXXII Meeting of the Scientific Committee on AIDS (SCA)

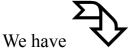
2:30 pm 29 June 2004

XVI Meeting of the AIDS Prevention and Care Committee (APCC)

6:30 pm 18 June 2004

XIV Meeting of the Committee on Promoting Acceptance of People Living with HIV/AIDS (CPA) 2:30 pm 19 July 2004

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A World Health Report on HIV/AIDS

The release of the World Health Report "Changing History" on 11 May by the World Health Organization (WHO) serves as a reminder that HIV/AIDS is truly a public health issue. The pandemic has been with us for over two decades. Scientific advances have brought us not only effective treatment, but evidence that the infection can be prevented. Paradoxically and tragically, the epidemic continued, causing the lives of many across all continents. The SCMP editorial (12 May) suggested that the focus on treatment, as advocated by the WHO, should point the way for the Mainland. Rightly so, the principle of treatment should however be expanded from simply purchasing antiretroviral drugs to a systematic approach of access to care. While the WHO should be congratulated for proposing the heroic initiative of making treatment available to 3 million people by 2005 (3 by 5), the world must be cautioned that hurriedly distributing tablets without effective monitoring may cause the emergence of mutants. We can't afford the price of yet another epidemic. What our motherland needs is, among other things, a coherent health infrastructure to deliver 'care'.

Back home, we certainly cannot afford to be complacent despite the low HIV prevalence as advised by our experts. Complacency catches people off guard. The effectiveness of Hong Kong's HIV control hinges not just on the designated AIDS programme, but rather our work on injection drug use (IDU) and sexually acquired infections (STI). It is sad to know that there are still objections to the promotion of condom use as an effective tool against STI, which includes HIV. At a time when our mainland is contemplating the introduction of needle exchange and methadone maintenance, harm reduction is still an avoided phrase in some drug rehabilitation services. The practice of HIV medicine is still limited to a tiny core of expertise, while the wider medical community remains alienated. The Hong Kong Advisory Council on AIDS, in its strategies recommended for 2002 to 2006, has proposed to develop an integrated approach to attain sustainable response. Whether we are able to maintain a low HIV rate clearly depends on the strengthening of our STI control activities, harm reduction drug programme, and development of clinical infectious disease as a medical specialty.....

.... to be continued on page 23 \triangleright

HIV/AIDS situation in Hong Kong in first quarter of 2004

Figures

Sixty-seven people tested positive for the HIV (Human Imunodeficiency Virus) antibody in the first quarter of 2004, bringing the cumulative total of reported HIV infections to 2,311.

Seven new **AIDS** (Acquired Immune-Deficiency Syndrome) cases reported in the same quarter. This brings to 676 the total number of confirmed AIDS cases reported since 1985.

Of the 67 new HIV cases reported, 25 acquired the infection via heterosexual contact, 20 via homosexual or bisexual contact and four through intravenous drug use.

The routes transmission of the remaining 18 cases were undetermined due to inadquate data.

The 67 cases comprised 55 males and 12 females.

Of the 2.311 cumulative total of HIV infections since 1984, around 79% acquired the through infection contact, of them 70% resulted from heterosexual transmission. Sixty-nine infections occurred among injection drug users.

The newly diagnosed cases for this quarter were reported by four major sources: public hospitals and clinics (32), private hospitals and clinics (11), Social Hygiene Clinics (13)and the Department of Health AIDS Counseling Service (6).Cumulatively, the four sources accounted for 43.4%, 22.7%, 15.6% and 13.2% of all reported infections.

Highlights in this quarter

The number of reported HIV infection cases remained high in this quarter compared with the same quarter last year.

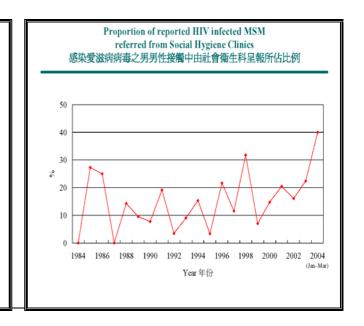
proportion The reported HIV infection in men having sex with men (MSM) increased. The increase coincided with the increase in the number of cases of male HIV patients reported in this quarter.

The Hygiene Social Service was the main source of referral of HIV infection among MSM. The increase was partly due to a genuine increase in the number of HIV infected homosexuals. There was a parallel increase in the utilization of Social Hygiene Service by MSM for sexually transmitted infections (STIs) screening and voluntary HIV antibody testing.

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Reported HIV/AIDS quarterly statistics – 1st quarter, 2004 二零零四年第一季愛滋病病毒感染及愛滋病呈報個案統計數字 By source of referral 轉介來源 爱滋病 受滋病 愛滋 病 AIDS Unit 衛生署愛滋病服務組 305 53 Social Hygiene Clinic 社會衛生料 13 11 12 361 35 Private hospitals/clinics/ 私家醫院/診所/化驗所 11 1 1 15 525 117 Public hospitals/clinics/labor 公共傳統 / 診所 / 化驗所 32 33 17 27 12 459 1004 Hong Kong Red Cross Blood Tr 61 香港紅十字會輸血服務中心 31 2 24 1 67 676

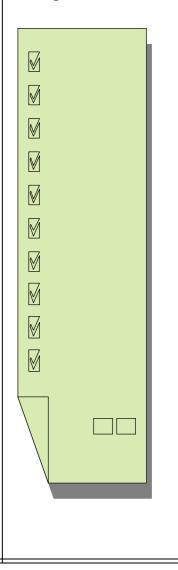
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香港愛滋病病毒感染及愛滋病統計數字 HIV/AIDS STATISTICS IN HONG KONG

| 截至二零零四年三月三十一日 | | | | | |
|----------------------------------|--|--|--------------|--------------------|-------------|
| | upd | lated 31 March 2004 本 季 累積個案 | | | |
| | | | This Quarter | 米頂個来 Cumulative | |
| | | 愛滋病病 毒感染 HIV | 愛滋病 AIDS | 愛滋病病毒 感染 HIV | 愛滋病 AIDS |
| 性別 Sex | 男 Male | 55 | 7 | 1867 | 583 |
| **** | 女 Female | 12 | 0 | 444 | 93 |
| 種族 Ethnicity | 華裔 Chinese | 51 | 6 | 1608 | 529 |
| hin >h. >人·尔尔 | 非華裔 Non-Chinese | 16 | 1 | 703 | 147 |
| 傳染途徑 Route of Transmission | 性行為 Sexual Contacts | 45 | 6 | 1836 | 600 |
| | 異性性接觸 Heterosexual | 25 | 5 | 1289 | 457 |
| | 同性性接觸 Homosexual | 18 | 1 | 446 | 113 |
| | 雙性性接觸 Bisexual | 2 | 0 | 101 | 30 |
| | 注射毒品人士 Injecting drug use | 4 | 1 | 69 | 11 |
| | 輸入血液/血製品 Blood/blood products recipients | 0 | 0 | 68 | 20 |
| | 母嬰傳播 Perinatal | 0 | 0 | 15 | 6 |
| | 不詳 Undetermined | 18 | 0 | 323 | 39 |
| | 總數 Total | 67 | 7 | 2311 | 676 |

First Quarter-2004





Continued from Page 21 (A World

(A World Health Report....)



Finally, I have been asked many times our role in the development of HIV programmes in Mainland China. Through continuous improvement in services and strategies, we are providing examples on what works, and what doesn't. Many mainland professionals are impressed by what we can achieve through methadone maintenance, free STI treatment, community participation and a systematic approach to HIV care. If we do our work well, we are continuously contributing to the strategy in Mainland, as well as other countries around the world.

Dr Homer Tso, JP,

(This was the speech delivered by Dr Homer Tso, JP, the Chairman of the Hong Kong Advisory Council on AIDS, at the Anti-drugs Forum held by the Lions Clubs International District 303 Hong Kong and Macau on 22 May 2004)

Tong Xing

"Tong Xing with Love" Carnival cum Red Ribbon Centre 7th Anniversary on 15 May 2004



The Chairman and the Vice-chairman of the Hong Kong Advisory on AIDS (ACA) together with the Red Ribbon Centre Management Advisory Committee officiating at the ceremony

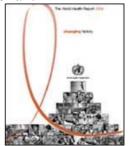


Rev. CHU Yiu-ming, the Chairman of the Red Ribbon Centre Management Advisory Committee explaining the meaning of "Tong Xing" at the ceremony. Rev Chu is also a member of the ACA.

The World Health Report 2004 - Changing History

The World Health Organization has recently published the captioned report, which calls for a comprehensive HIV/AIDS strategy that links prevention, treatment, care and long-term support.

In its concluding chapter, it says, " the most important message of this report is that, today, the international community has the chance to change the history of health for generations to come and to open the door to better health for all."



The report "has chronicled the global spread of HIV/AIDS over the last quarter of a century. It has also traced the efforts of advocacy groups, civil society organizations, community health care workers, researchers and many others control it and to combat its many side-effects, including stigma and discrimination."

"Effectively tackling HIV/AIDS is the world's most urgent public health challenge. In advocating a comprehensive strategy which links prevention, treatment, care and support, this report makes a special case for treatment, which has been the most neglected element in most developing countries."

"Treatment is the key to change...."

To know more, go to http://www.who.int/whr/en/ for a detailed account.